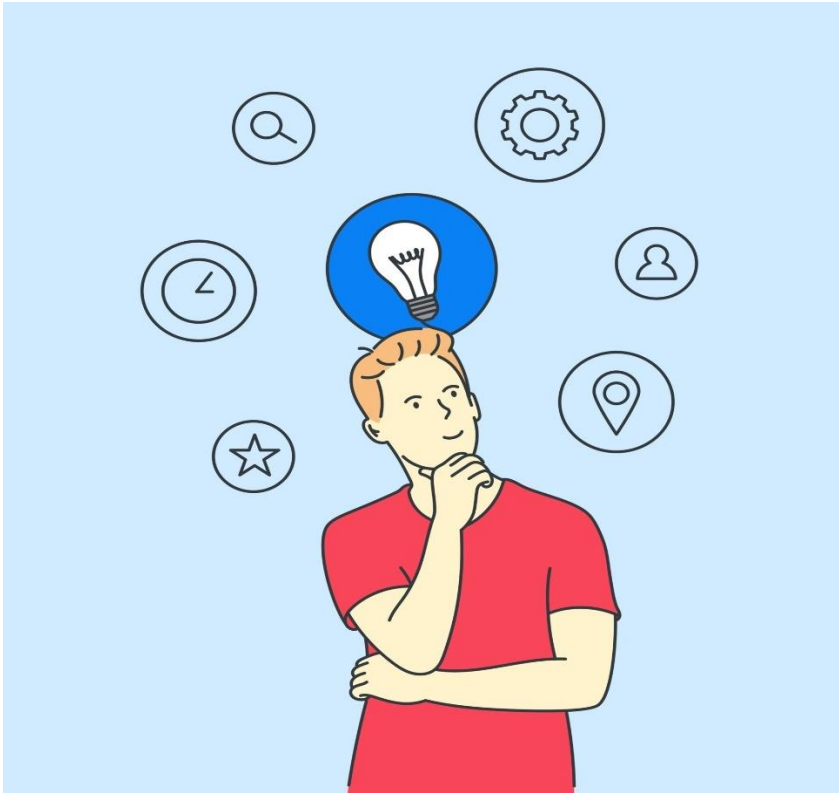


# Gloria Dei Lutheran Church

*(The Lutheran Church-Missouri Synod)*



## RESETTING YOUR LIFE II: "Choosing What You Think About"

**Order of Worship January 19, 2025 | 10:00 AM**  
**Pastor Matthew Cephus**

3014 McKinley Street NE, Minneapolis, MN 55418  
612-781-1989

[www.gloriadeilcms.org](http://www.gloriadeilcms.org)

email: [info@gloriadeilcms.org](mailto:info@gloriadeilcms.org)

Pianist: Karrie Kikeh

# Welcome to God's House!

*The Mission of Gloria Dei is Caring. Sharing. Serving. Reaching.*

*We strive to be the local church in the community of Northeast Minneapolis, who are here to help people come to KNOW Jesus, GROW in their faith and GO into the world equipped to SERVE others. GLORY TO GOD!*

**Today's Topic:** Life is never constant. Your career shifts, family dynamics change, and personal interests evolve. But life's rapid pace and external pressures don't always give you time or mental space to step back and think about whether your day-to-day contributes to your life satisfaction. In today's sermon, we'll be looking at what the Bible has to say about **the mind** as we begin **resetting our lives**.

*A special welcome to visitors and guests; we are pleased that you have joined us today and invite you to worship with us every Sunday at 10 am! If you have no church family, and if we can be of any assistance to you, please speak with the Pastor after the service or via the church office. We pray you will feel God's love for you and be empowered to live as God's child this week. We look forward to seeing you again.*

**Is there something you'd like us to pray for today?** If you have family members or friends who require our prayers, please use the prayer request cards found in each pew. They will be added to the Prayer list. You can hand your request to an usher before the service or during the offering. They will be given to the Pastor to be included in the prayers for today. **Other prayer requests can be made by contacting the church office at 612.781.1989.**

**Children are welcome in worship!**

**The Lord's Supper is celebrated.**

When we receive the true Body and Blood of Jesus Christ,

- we express the belief that Jesus is the Son of God and Son of Man;
- that Jesus is our Savior and only way for salvation;
- that Jesus offers us His Body and Blood in a mysterious yet real way;
- that Christ's sacrificial death grants the forgiveness of our sins;
- and that God is strengthening us in this Sacrament to live a more godly life and to amend with the help of the Holy Spirit, those areas not in conformity with God's will.

We declare these statements because it is our concern for people to not be hypocritical between their faith and celebrate the blessings of God's Table at the Altar.

**Wednesday Bible Study at 11 am. Hope to see you there!**

# The Second Sunday after the Epiphany

**AS WE GATHER:** Life is complicated, and there are so many things that require our attention. It's easy to get overloaded and start to feel sluggish. It's time to hit the reset button!

+ *CONNECT* +

## WELCOME

## ANNOUNCEMENTS

**OPENING HYMN**     **"Just as I Am, Without One Plea"**     **LSB 570 v 1,3,5,6**  
*Text & Tune: Public Domain*

Just as I am without one plea, But that Thy blood was shed for me  
And that Thou bids't me come to Thee, O Lamb of God, I come, I come.

Just as I am, though tossed about, With many a conflict, many a doubt,  
Fightings and fears within, without, O Lamb of God, I come, I come.

Just as I am, Thou wilt receive, Wilt welcome, pardon, cleanse, relieve;  
Because Thy promise I believe, O Lamb of God, I come, I come.

Just as I am; Thy love unknown, Has broken every barrier down.  
Now to be Thine, yea, Thine alone. O Lamb of God, I come, I come.

## INVOCATION

**L:** Our worship begins the way our lives in Christ begin in baptism: In the name of the Father and of the + Son and of the Holy Spirit.

**C:** **Amen.**

## CONFESSION OF OUR SINS

L: Let us confess our sins unto God our Heavenly Father who truly loves us.

C: **Gracious Father, we confess that we are in bondage to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole hearts; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.**

## FORGIVENESS IS ANNOUNCED

+ *NURTURE* +

**HYMN OF PRAISE      "Holy God, We Praise Thy Name"      LSB 940 v 1, 2, 5**

*Text & Tune: Public Domain*

Holy God, we praise Thy name; Lord of all, we bow before Thee.  
All on earth Thy scepter claim, all in heav'n above adore Thee.  
Infinite Thy vast domain, everlasting is Thy reign.

Hark! The glad celestial hymn angel choirs above are raising;  
Cherubim and seraphim, in unceasing chorus praising,  
Fill the heav'ns with sweet accord: Holy, holy, holy Lord!

Holy Father, holy Son, Holy Spirit, three we name Thee.  
Though in essence only one, undivided God we claim Thee.  
And adoring, bend the knee, while we own the mystery.

## OLD TESTAMENT READING

**Psalm 139:1-7, 23-24**

O Lord, you have searched me and known me! You know when I sit down and when I rise up; you discern my thoughts from afar. You search out my path and my lying down and are acquainted with all my ways. Even before a word is on my tongue, behold, O Lord, you know it altogether. You hem me in, behind and before, and lay your hand upon me. Such knowledge is too wonderful for me; it is high; I cannot attain it. Where shall I go from your Spirit? Or where shall I flee from your presence?

Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting! Or where shall I flee from your presence?

L: The Word of the Lord.

**C: Thanks be to God!**

### **EPISTLE READING**

**Romans 12:1-2**

I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

L: The Word of the Lord.

**C: Thanks be to God!**

### **HOLY GOSPEL**

**Mark 7:20-23**

L: The Holy Gospel according to Mark.

**C: Glory to You, O Lord!**

And he said, "What comes out of a person is what defiles him. For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness. All these evil things come from within, and they defile a person."

L: This is the Gospel of our Lord.

**C: Praise to You, O Christ!**

### **SONG OF THE DAY**

**"My Jesus I Love Thee"**

My Jesus, I love thee, I know thou art mine; for thee all the follies of sin I resign;  
My gracious Redeemer, my Savior art thou; if ever I loved thee, my Jesus, 'tis now.

I love thee because thou hast first loved me and purchased my pardon on Calvary's tree;  
I love thee for wearing the thorns on thy brow; if ever I loved thee, my Jesus, 'tis now.

In mansions of glory and endless delight, I'll ever adore thee in heaven so bright;  
I'll sing with the glittering crown on my brow: If ever I loved thee, my Jesus, 'tis now.

## MESSAGE

Pastor Matthew Cephus

### RESETTING YOUR LIFE II: "Choosing What You Think About"

#### CONFESSION OF FAITH: Apostles' Creed

I believe in God, the Father Almighty, maker of heaven and earth.

And in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. The third day he rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

#### GATHERING OF THE OFFERINGS

+ *EMPOWER* +

#### PRAYERS OF THE CHURCH

*(Prayer response – P: Lord, in your mercy, C: Hear our prayer.)*

P: Lord, remember us in your kingdom and teach us to pray:

**C: Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. For thine is the kingdom and the power and the glory forever and ever. Amen.**

#### PREFACE TO HOLY COMMUNION

L: The Lord be with you.

**C: And also with you.**

L: Lift up your hearts.

**C: We lift them to the Lord.**

L: Let us give thanks to the Lord our God.

**C: It is right to give Him thanks and praise.**

## **PROPER PREFACE**

**L:** It is our duty and delight at all times and everywhere to give thanks to You, O Lord, Holy Father, almighty and everlasting God, for You have enlightened us by the working of the Holy Spirit. Grant that the Spirit, who has called and gathered us, would guide us in all things, that we be enabled to speak the Gospel to others and rejoice in sharing the gift of salvation that is our treasure. This we ask through Jesus Christ, our Lord, who, with You and the Holy Spirit, is one God, through whom with angels and archangels and with all the company of heaven we laud and magnify Your glorious name.

## **WORDS OF INSTITUTION**

Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: "Take this, eat; this is My body, which is given for you. Do this in remembrance of Me."

In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying: "Drink of it, all of you; this cup is the New Testament in My blood, which is shed for you for the forgiveness of sins. Do this, as often as you drink it, in remembrance of Me."

The peace of the Lord be with you always.

**C: And also with you, Amen.**

## **PRAYER OF THANKSGIVING**

**P:** Let us pray.

We give thanks to You, almighty God, that You have refreshed us through this salutary gift, and we implore You that of Your mercy, You would strengthen us through the same, in faith toward You and in fervent love toward one another; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.

**C: Amen.**

## **CLOSING HYMN**

### **"To God be the Glory"**

*Text and Music: Public Domain*

To God be the glory, great things He has done;  
So loved He the world that He gave us His Son,  
Who yielded His life an atonement for sin,  
And opened the life gate that all may go in.

**Refrain:** Praise the Lord, praise the Lord, Let the earth hear His voice!  
Praise the Lord, praise the Lord, Let the people rejoice!  
O come to the Father, through Jesus the Son,  
And give Him the glory, great things He has done.

O perfect redemption, the purchase of blood,  
To every believer the promise of God;  
The vilest offender who truly believes,  
That moment from Jesus a pardon receives.

**Refrain**

Great things He has taught us, great things He has done,  
And great our rejoicing through Jesus the Son;  
But purer, and higher, and greater will be  
Our wonder, our transport, when Jesus we see.

**Refrain**

## **BENEDICTION**

The Lord bless you and keep you.  
The Lord make His face shine on you and be gracious to you.  
The Lord look upon you with favor and give you peace.  
*+ Silent Prayer +*

## **POSTLUDE**

*+ WE DEPART TO SERVE +*

+ + +

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## **OUR WEEKLY CALENDAR**

**1/19 Sun**

### **Second Sunday after the Epiphany**

- 10:00 am**    **Worship Service w/Holy Communion  
w/Pastor Matthew Cephus**
- 11:00 am**    **Baby Shower for Katie Beth & Daniel Carlson**
- 11:45 am    Royal Family Worship
- 6:00 pm      NA

**1/20 Mon**

### **Martin Luther King, Jr. Day Observed**

- 7:00 pm    Beginners AIAnon (downstairs)
- 7:00 pm    AIAnon (upstairs)

**1/21 Tues**

**5:00 pm**    **GDLC Council Meeting**

**1/22 Wed**

**11:00 am**    **Bible Study**

**1/24 Fri**

5:00 pm    Living Word Music Rehearsal

**1/25 Sat**

10:00 am    Living Word Worship & Fellowship

6:00 pm    Living Word Prayer Night

**1/26 Sun**

### **Third Sunday after the Epiphany**

- 10:00 am**    **Worship Service w/Holy Communion  
w/Pastor Matthew Cephus**
- 11:45 am    Royal Family Worship
- 6:00 pm      NA

## **SERVING TODAY**

**Elder: Karmon Christopherson**

**Reading: Verlayne Sather**

**Ushers: Morelli's**

**Altar Care: Morelli's**

**Counters: Dale Raschke and Tom Harris**

**Attendance: 1/12/2025: 27**

**BIRTHDAYS:** None

**ANNIVERSARIES:** None

**ETERNAL CANDLE:** Open

**FLOWERS:** Open

### **PRAYER CONCERNS**

**KEEP IN YOUR PRAYERS:** Meridel Christopherson, Robert & Delores Kluwe, Tom Lyrenmann, Roselyn Norman, Larry Schlais, Pat Scott and all our shut-ins

**Amanda** (Sandy Westling's niece) recent car accident, irritated old injuries from previous car accident. Suffering extreme pain, back problems and headaches, all while taking care of her family. Prayers she finds relief from her pain.

**Gwen Johnson** strength and prayers as she recovers from recent surgery to repair an abdominal aortic aneurysm. This type of aneurysm is hereditary and runs in her family.

**Kim Morelli** prayers for healing from recent surgery

**Mudy Mason** dealing with an autoimmune disease. Pray for strength, peace, hope, believing in God, Family, Mindset.

**James Norman, Sr.** (James' dad) Continued prayers, prostate cancer seems to be getting worse, hi is having increasing pain and decreased mobility

**Jim** (Gwen Johnson's brother) reoccurring issues due to his time in the Service

**Nonie Wakeman** (Shirley Slagle's SnL) diagnosed with Lung Cancer

**Karen** (Karmon's sister) Recently diagnosed with cancer (Warren's wife)

**Kurt Nowacki** (Bruce & Julie Cross' Brother-in-Law) recently diagnosed with 'myopathy,' a degenerative muscle disease

**Bruce** (Wenda Schwoch's BnL has stage 4 prostate cancer and **Ashley** (Wenda's niece) continued prayers

**Warren** (Karmon's BnL) Receiving chemo and radiation for Non-Hodgkin Lymphoma

**Amy Price** (Morelli's niece) – treatments for stage 4 cancer

**For First Responders/Health Care Workers,** including James Norman, an ICU nurse

**THOSE SERVING OUR COUNTRY IN DANGEROUS AREAS**

NOTE: Those "in our extend prayers" are removed from the list after eight weeks. If there is someone you would like to keep on the list for another eight weeks, please contact the church office.

## **TODAY'S LUTHERAN HOUR**

**January 19**

**"He Made Me a Believer"**

**(John 2:11)**

Lutheran Hour Speaker: Rev. Dr. Michael Zeigler

God makes us believers and the more we believe, the more we become involved in the institutions God made--church, marriage, family, and work.

## **NEXT WEEK ON THE LUTHERAN HOUR**

**January 26 "An Overture to the Greatest Story Ever Told" (John 3:26-36)**

Guest Speaker: Rev. Dr. Leopoldo Sanchez

Like an overture that introduces a great musical work, John the Baptizer is the living voice sent by God to bear witness to Jesus' lordship and salvation.

On Sunday mornings, listen on 830 AM WCCO AM at 6:05 am, or 1110 AM, Omaha, at 6:30 am, or XM 170 Satellite Radio on Sundays at noon or listen anytime at [www.lutheranhour.org](http://www.lutheranhour.org)

**STEWARDSHIP:** *Second Sunday after Epiphany - John 2:3*

"When the wine ran out, the mother of Jesus said to Him, 'They have no wine.'" Behold the faith of Mary: she sees a problem and simply lays it before her Son and Lord: "They have no wine." She does not offer a proposed solution, she does not demand, she simply states her need and waits for the Lord's response. She trusts that the Lord is a giver, and she knows that He always provides. May such a faith be ours!

## **LUTHERANS FOR LIFE:**

"No amount of scientific progress can defeat death. No political ruler can promise eternal life. Only Jesus can make and keep that promise. The promise of hope and life is ours to proclaim. It is the promise that a world without hope needs to hear. In Jesus we have hope for the future, the living hope of life in His presence forever." *Dr. Carol Geisler, Lutheran Hour Ministries – A Life Quote from Lutherans For Life • [lutheransforlife.org](http://lutheransforlife.org)*

**Main Street Living** airs each Sunday at 9 am on WFTC Channel 29/9-2 with an episode of This Is the Life. This week's episode is "**Live Option.**" A 15-year-old pregnant daughter and her mother disagree on the future of her child. The worship service begins at 9:30 am with Rev. Jim Lamb from Lutheran Family Service in Fort Dodge, IA, and Sioux Falls, SD, presents a message titled "**The Trinitarian Value of Human Life**" based on **Isaiah 43:1**. This program is interpreted and closed captioned for the deaf and hard of hearing. For more information or to watch the program, go to [www.mainstreetliving.com](http://www.mainstreetliving.com) select the "Twin Cities" tab.

## 2025 MARCH FOR LIFE

The Minnesota South District and Concordia University, St Paul will host a Life Chapel Service at 10:30 am on January 22, 2025, at Graebner Memorial Chapel, 1259 Carroll Avenue, St. Paul. " *The people walking in darkness have seen a great light* (Isaiah 9:2). After the Life Chapel Service, worshipers are encouraged to travel to the steps outside the Minnesota State Capitol for the Minnesota Citizens Concerned for Life (MCCL) March For Life which begins at 12 pm south of the Capitol building. Marches for Life are joyful and hopeful. Come to the party and be an advocate for life!

## Make and Take Clay

Create polymer clay creations like a pencil holder, a frame or a light switch cover. Saturday, January 25, 1-5 pm, Clay Squared Gallery, 699 Lowry Avenue NE. Stop in anytime and spend as much time as you like playing with clay. Take your creation home and bake it in your own oven. Pay what you want.

## Hennepin County Neighborhood Fix-It Hub

Hennepin County's Neighborhood Fix-It Hub is at St. Anthony Library, 2941 Pentagon Drive. Work with a friendly, skilled volunteer to try to fix your broken household stuff, gain confidence and learn new repair skills. This event is family friendly. No registration required. Volunteers are needed to assist with repair and sewing – come help your neighbors. Contact Nancy Lo at [nancy.lo@hennepin.us](mailto:nancy.lo@hennepin.us) or 612-348-9195. Every other Tuesday, 4-7 p.m., last items accepted at 6:30 p.m. Upcoming dates: Jan. 14 and 28, Feb. 11 and 25, March 11 and 25, April 8 and 22, May 13 and 27, June 10 and 24.

## Community Sing with Dan Chouinard – January 29 @ 7:00 pm - 8:30 pm

For all who like to sing, hum along, or just tap your toes. Wednesday, January 29, 7-8:30 pm, Northeast United Methodist Church, 2510 Cleveland Street NE. This is a FREE event! Donations are welcome. Childcare provided. Cookies and bars, too.

