

# Gloria Dei Lutheran Church

*(The Lutheran Church-Missouri Synod)*

**TO CHANGE  
YOUR LIFE,  
YOU NEED TO  
CHANGE YOUR  
PRIORITIES.**

## **RESETTING YOUR LIFE III:**

**"CHOICES TO MAKE IN RESETTING MY LIFE"**

**Order of Worship January 26, 2025 | 10:00 AM  
Pastor Matthew Cephus**

**3014 McKinley Street NE, Minneapolis, MN 55418  
612-781-1989**

**[www.gloriadeilcms.org](http://www.gloriadeilcms.org)**

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**Pianist: Steven Hobert**

# **Welcome to God's House!**

*The Mission of Gloria Dei is Caring. Sharing. Serving. Reaching.*

*We strive to be the local church in the community of Northeast Minneapolis, who are here to help people come to KNOW Jesus, GROW in their faith and GO into the world equipped to SERVE others. GLORY TO GOD!*

**Today's Topic:** Our power to choose is really a massive gift, but it can also be our biggest roadblock to living lives we love. Although we have been given this huge gift, we don't always give it the appreciation it deserves. Sometimes, we actually have a chronic habit of making bad choices—choices that keep us separate from our greatness, our purpose and our happiness. Choices that render us unable to make real, lasting changes in our lives. Today, as we explore this topic of **resetting our lives**, it is my prayer, in this new year, that we will allow the Holy Spirit to work in us—helping us to make the right choices for a better life.

*A special welcome to visitors and guests; we are pleased that you have joined us today and invite you to worship with us every Sunday at 10 am! If you have no church family, and if we can be of any assistance to you, please speak with the Pastor after the service or via the church office. We pray you will feel God's love for you and be empowered to live as God's child this week. We look forward to seeing you again.*

***Is there something you'd like us to pray for today?*** If you have family members or friends who require our prayers, please use the prayer request cards found in each pew. They will be added to the Prayer list. You can hand your request to an usher before the service or during the offering. They will be given to the Pastor to be included in the prayers for today. ***Other prayer requests can be made by contacting the church office at 612.781.1989.***

***Children are welcome in worship!***

***The Lord's Supper is celebrated.***

When we receive the true Body and Blood of Jesus Christ,

- we express the belief that Jesus is the Son of God and Son of Man;
- that Jesus is our Savior and only way for salvation;
- that Jesus offers us His Body and Blood in a mysterious yet real way;
- that Christ's sacrificial death grants the forgiveness of our sins;
- and that God is strengthening us in this Sacrament to live a more godly life and to amend with the help of the Holy Spirit, those areas not in conformity with God's will.

We declare these statements because it is our concern for people to not be hypocritical between their faith and celebrate the blessings of God's Table at the Altar.

# The Third Sunday after the Epiphany

**AS WE GATHER:** In order to create any significant change in our lives, it is necessary to take a good hard look at the choices we are making and ask the Holy Spirit for help.

+ *CONNECT* +

## WELCOME

## ANNOUNCEMENTS

## OPENING HYMN

**"What a Friend We Have in Jesus"**

**LSB 770**

*Text and Tune : Public Domain*

What a friend we have in Jesus, All our sins and griefs to bear!  
What a privilege to carry Ev'rything to God in prayer!  
Oh, what peace we often forfeit; Oh, what needless pain we bear-  
All because we do not carry Ev'rything to God in prayer!

Have we trials and temptations? Is there trouble anywhere?  
We should never be discouraged-- Take it to the Lord in prayer.  
Can we find a friend so faithful Who will all our sorrows share?  
Jesus knows our ev'ry weakness-- Take it to the Lord in prayer.

Are we weak and heavy-laden, Cumbered with a load of care?  
Precious Savior, still our refuge--- Take it to the Lord in prayer.  
Do your friends despise, forsake thee? Take it to the Lord in prayer.  
In His arms He'll take and shield thee; Thou wilt find a solace there.

## INVOCATION

**L:** Our worship begins the way our lives in Christ begin in baptism: In the name of the Father and of the + Son and of the Holy Spirit.

**C:** **Amen.**

## CONFESSION OF OUR SINS

L: Let us confess our sins unto God our Heavenly Father who truly loves us.

**C: Lord Jesus, we have sinned times without number, and been guilty of pride and unbelief, and of neglect to seek you in our daily lives. Our sins and shortcomings present us with a list of accusations, but we thank you that they will not stand against us, for all have been laid on Christ. Deliver us from every evil habit, everything that dims the brightness of your grace in us, and everything that prevents us taking delight in you. This is our prayer in Jesus' name. Amen.**

## FORGIVENESS IS ANNOUNCED

*+ NURTURE +*

## HYMN OF PRAISE

### "My Jesus, I Love Thee"

My Jesus, I love thee, I know thou art mine; for thee all the follies of sin I resign;  
My gracious Redeemer, my Savior art thou; if ever I loved thee, my Jesus, 'tis now.

I love thee because thou hast first loved me and purchased my pardon on Calvary's tree;  
I love thee for wearing the thorns on thy brow; if ever I loved thee, my Jesus, 'tis now.

In mansions of glory and endless delight, I'll ever adore thee in heaven so bright;  
I'll sing with the glittering crown on my brow: If ever I loved thee, my Jesus, 'tis now.

## OLD TESTAMENT READING

### Proverbs 4:20-27

My son, be attentive to my words; incline your ear to my sayings. Let them not escape from your sight; keep them within your heart. For they are life to those who find them, and healing to all their flesh. Keep your heart with all vigilance, for from it flow the springs of life. Put away from you crooked speech, and put devious talk far from you. Let your eyes look directly forward, and your gaze be straight before you. Ponder the path of your feet; then all your ways will be sure. Do not swerve to the right or to the left; turn your foot away from evil.

L: The Word of the Lord.

**C: Thanks be to God!**

## **EPISTLE READING**

**2 Corinthians 10:3-6**

For though we walk in the flesh, we are not waging war according to the flesh. For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ, being ready to punish every disobedience, when your obedience is complete.

L: The Word of the Lord.

**C: Thanks be to God!**

## **HOLY GOSPEL**

**Matthew 4:1-10**

L: The Holy Gospel according to Matthew.

**C: Glory to You, O Lord!**

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And after fasting forty days and forty nights, he was hungry. And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, "'Man shall not live by bread alone, but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and set him on the pinnacle of the temple and said to him, "If you are the Son of God, throw yourself down, for it is written, "'He will command his angels concerning you,' and "'On their hands they will bear you up, lest you strike your foot against a stone.'"

Jesus said to him, "Again it is written, 'You shall not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory. And he said to him, "All these I will give you, if you will fall down and worship me." Then Jesus said to him, "Be gone, Satan! For it is written, "'You shall worship the Lord your God and him only shall you serve.'"

L: This is the Gospel of our Lord.

**C: Praise to You, O Christ!**

## **SONG OF THE DAY**

**"I Need Thee Every Hour"**

I need Thee ev'ry hour, Most gracious Lord;  
No tender voice like Thine Can peace afford.

**Refrain:** I need Thee, oh, I need Thee; Ev'ry hour I need Thee;  
Oh, bless me now, my Savior, I come to Thee.

I need Thee ev'ry hour, Stay Thou nearby;  
Temptations lose their pow'r When Thou art nigh. **Refrain**

I need Thee ev'ry hour, In joy or pain;  
Come quickly and abide, Or life is vain. **Refrain**

I need Thee ev'ry hour, Teach me Thy will;  
And Thy rich promises In me fulfill. **Refrain**

## **MESSAGE**

**Pastor Matthew Cephus**

### **RESETTING YOUR LIFE III: "Choices To Make In Resetting My Life"**

## **CONFESSION OF FAITH: Apostles' Creed**

**I believe in God, the Father Almighty, maker of heaven and earth.**

**And in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. The third day he rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence he will come to judge the living and the dead.**

**I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

## **GATHERING OF THE OFFERINGS**

*+ EMPOWER +*

## **PRAYERS OF THE CHURCH**

*(Prayer response – P: Lord, in your mercy, C: Hear our prayer.)*

**P:** Lord, remember us in your kingdom and teach us to pray:

**C:** **Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. For thine is the kingdom and the power and the glory forever and ever. Amen.**

## **PREFACE TO HOLY COMMUNION**

L: The Lord be with you.

**C: And also with you.**

L: Lift up your hearts.

**C: We lift them to the Lord.**

L: Let us give thanks to the Lord our God.

**C: It is right to give Him thanks and praise.**

## **PROPER PREFACE**

L: It is our duty and delight at all times and everywhere to give thanks to You, O Lord, Holy Father, almighty and everlasting God, for You have enlightened us by the working of the Holy Spirit. Grant that the Spirit, who has called and gathered us, would guide us in all things, that we be enabled to speak the Gospel to others and rejoice in sharing the gift of salvation that is our treasure. This we ask through Jesus Christ, our Lord, who, with You and the Holy Spirit, is one God, through whom with angels and archangels and with all the company of heaven we laud and magnify Your glorious name.

## **WORDS OF INSTITUTION**

Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: "Take this, eat; this is My body, which is given for you. Do this in remembrance of Me."

In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying: "Drink of it, all of you; this cup is the New Testament in My blood, which is shed for you for the forgiveness of sins. Do this, as often as you drink it, in remembrance of Me."

The peace of the Lord be with you always.

**C: And also with you, Amen.**

## **PRAYER OF THANKSGIVING**

**P:** Let us pray.

We give thanks to You, almighty God, that You have refreshed us through this salutary gift, and we implore You that of Your mercy, You would strengthen us through the same, in faith toward You and in fervent love toward one another; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.

**C:** **Amen.**

## **CLOSING HYMN**

### **"How Great Thou Art"**

**LSB 801**

*Text and Tune: © 1953, renewed 1981 Manna Music*

O Lord my God, When I in awesome wonder,  
Consider all the worlds Thy Hands have made;  
I see the stars, I hear the rolling thunder,  
Thy power throughout the universe displayed.

**Refrain:** Then sings my soul, My Saviour God, to Thee,  
How great Thou art, How great Thou art.  
Then sings my soul, My Saviour God, to Thee,  
How great Thou art, How great Thou art!

But when I think that God, His Son not sparing  
Sent Him to die, I scarce can take it in –  
That on the cross my burden gladly bearing  
He bled and died to take away my sin

**Refrain**

When Christ shall come with shout of acclamation  
And take me home, what joy shall fill my heart!  
Then I shall bow in humble adoration  
And there proclaim: "My God how great Thou art!"

**Refrain**

## **BENEDICTION**

The Lord bless you and keep you.

The Lord make His face shine on you and be gracious to you.

The Lord look upon you with favor and give you peace.

*+ Silent Prayer +*

## **POSTLUDE**



*+ WE DEPART TO SERVE +*

+ + +

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**OUR WEEKLY CALENDAR**

**1/26 Sun**

**Third Sunday after the Epiphany**

**10:00 am**    **Worship Service w/Holy Communion  
w/Pastor Matthew Cephus**

11:45 am    Royal Family Worship

6:00 pm    NA

**1/27 Mon**

7:00 pm    Beginners AIAnon (downstairs)

7:00 pm    AIAnon (upstairs)

**1/29 Wed**

**11:00 am**    **Bible Study, The Book of Ruth**

**1/31 Fri**

5:00 pm    Living Word Music Rehearsal

**2/01 Sat**

10:00 am    Living Word Worship & Fellowship

6:00 pm    Living Word Prayer Night

**2/02 Sun**

**Fourth Sunday after the Epiphany**

Groundhog Day

**10:00 am**    **Worship Service w/Holy Communion  
w/Pastor Matthew Cephus**

11:45 am    Royal Family Worship

6:00 pm    NA

**SERVING TODAY**

**Elder: Karmon Christopherson**

**Reading: Karmon Christopherson**

**Ushers: Tom and Patty Lyrenmann**

**Altar Care: Tom and Patty Lyrenmann**

**Counters: Tom and Patty Lyrenmann**

**Attendance: 1/19/2025: 31**

**BIRTHDAYS:** None

**ANNIVERSARIES:** None

**ETERNAL CANDLE:** Open

**FLOWERS:** Open

### **PRAYER CONCERNS**

**KEEP IN YOUR PRAYERS:** Meridel Christopherson, Gwen Johnson, Robert & Dolores Kluwe, Tom Lyrenmann, Roselyn Norman, Larry Schlais, Pat Scott and all our shut-ins

**Trent Johnson** (Roxie's son) undergoing cancer treatment for diaphragm cancer

**Roxie Johnson** (Morelli's niece) heart issues, pacemaker implanted, prayers as she recovers and gets stronger

**Amanda** (Sandy Westling's niece) recent car accident, irritated old injuries from previous car accident. Suffering extreme pain, back problems and headaches, all while taking care of her family. Prayers she finds relief from her pain.

**Kim Morelli** prayers for healing from recent surgery

**Mudy Mason** dealing with an autoimmune disease. Pray for strength, peace, hope, believing in God, Family, Mindset.

**James Norman, Sr.** (James' dad) Continued prayers, prostate cancer seems to be getting worse, hi is having increasing pain and decreased mobility

**Jim** (Gwen Johnson's brother) reoccurring issues due to his time in the Service

**Nonie Wakeman** (Shirley Slagle's SnL) diagnosed with Lung Cancer

**Karen** (Karmon's sister) Recently diagnosed with cancer (Warren's wife)

**Kurt Nowacki** (Bruce & Julie Cross' Brother-in-Law) recently diagnosed with 'myopathy,' a degenerative muscle disease

**Bruce** (Wenda Schwoch's BnL has stage 4 prostate cancer and **Ashley** (Wenda's niece) continued prayers

**Warren** (Karmon's BnL) Receiving chemo and radiation for Non-Hodgkin Lymphoma

**Amy Price** (Morelli's niece) – treatments for stage 4 cancer

**For First Responders/Health Care Workers**, including James Norman, an ICU nurse

**THOSE SERVING OUR COUNTRY IN DANGEROUS AREAS**

NOTE: Those "in our extend prayers" are removed from the list after eight weeks. If there is someone you would like to keep on the list for another eight weeks, please contact the church office.

## **TODAY'S LUTHERAN HOUR**

**January 26 "An Overture to the Greatest Story Ever Told" (John 3:26-36)**

Guest Speaker: Rev. Dr. Leopoldo Sanchez

Like an overture that introduces a great musical work, John the Baptizer is the living voice sent by God to bear witness to Jesus' lordship and salvation.

## **NEXT WEEK ON THE LUTHERAN HOUR**

**February 2 "Do the Things That Make for Unity" (John 4:9)**

Lutheran Hour Speaker: Rev. Dr. Michael Zeigler

Jesus crosses borders and even breaks down the barrier of death to do the things that make for unity: shared worship, shared mission, shared harvest.

On Sunday mornings, listen on 830 AM WCCO AM at 6:05 am, or 1110 AM, Omaha, at 6:30 am, or XM 170 Satellite Radio on Sundays at noon or listen anytime at [www.lutheranhour.org](http://www.lutheranhour.org)

**STEWARDSHIP:** *Third Sunday after Epiphany - 1 Cor. 12:16*

"And if the ear should say, 'Because I am not an eye, I do not belong to the body,' that would not make it any less a part of the body." The Lord has called each of us individually and given each of us unique gifts. He has made our whole lives holy in our Baptism and has called us to a life together in the church, His body. You are a part of that body, and that body needs you and the gifts the Lord has given you. This is your holy calling from the Lord.

## **LUTHERANS FOR LIFE:**

"Babies are born into the world wrapped in surprising packaging like disabilities or poverty, but even so, God has a perfect plan for each one of them. Abortion is a tragic end to the countless blessings in store for those who would have surrounded these children." *Brad Mattes, Life Issues Institute – A Life Quote from Lutherans For Life • [lutheransforlife.org](http://lutheransforlife.org)*

**Main Street Living** airs each Sunday at 9 am on WFTC Channel 29/9-2 with an episode of This Is the Life. This week's episode is **"If God Be for Us."** A couple struggles with life after the death of their son. The worship service begins at 9:30 am with Rev. Matthew Rusert from St. John Lutheran Churches in Truman and St. James, MN, presenting a message for the third Sunday in Epiphany. This program is interpreted and closed captioned for the deaf and hard of hearing. For more information or to watch the program, go to [www.mainstreetliving.com](http://www.mainstreetliving.com) select the "Twin Cities" tab.

## Something Sweet Needed!

Do you have a favorite cookie, bar or cake recipe? Every Sunday, following the 10 am service, GDLC hosts Fellowship in the Fireside Room, where snacks and coffee are served. If you would like to bring something to share (it doesn't have to be homemade), please sign up on the lobby bulletin board for the Sunday that works best for you.

Thank You!

## Your Assistance is Needed for Sunday Services!

Be sure to sign up for Altar Care and Usher duties. Sign-up sheets can be found on the bulletin board in the Church lobby. If you've never done it before, a quick training session can be scheduled by calling the church office at 612-781-1989.

Community Sing with Dan Chouinard - January 29 @ 7:00 pm - 8:30 pm

For all who like to sing, hum along, or just tap your toes

Wednesday, January 29, 7 - 8:30 pm

Northeast United Methodist Church, 2510 Cleveland Street NE

**Free!** Donations welcome. Childcare provided. Cookies and bars, too.

## SnowBLAST 2025

SnowBLAST returns on **Saturday, February 1, 4-7 pm** at **Huset Park**, 3965 Jefferson Street NE. Live music from Columbia Heights band Pickle. HeightsNEXT will have a free s'mores station, Community Grounds will have free hot cocoa, the Columbia Heights Athletic Boosters will have soup for sale, and the Columbia Heights Lions Club will sell alcoholic drinks. The free items will be available while supplies last. Pony rides, ice skating, snow soccer, and a heated tent to make it comfortable.

## National Lutheran Choir at Roseville Lutheran Church

The NLC will present its annual Choral Tune-Up Festival Concert at Roseville Lutheran Church on **Saturday, February 1st**, and they would love to see you there! This year's Tune-Up, titled "Healing Through Community" will focus on singing music of the Black Church and will be led by renowned scholars, André J Thomas and Brandon Boyd. Join this **free** Festival Concert and Pre-Concert talk by André Thomas. Claim your free ticket at [NLCA.com](http://NLCA.com)

